

# Massage Therapy Intake Form

## Personal Information

Name: \_\_\_\_\_ D.O.B: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Cell #: \_\_\_\_\_ Email: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Cell#: \_\_\_\_\_

## Billing Information:

Referred by: \_\_\_\_\_ Occupation: \_\_\_\_\_

Primary Health Care Provider: \_\_\_\_\_ Phone: \_\_\_\_\_

Permission to consult with primary provider? Y\_\_\_ N\_\_\_

My account will be billed to:    Self-Pay    Health Ins    PIP    L&I

It is my choice to receive massage therapy. I realize that the treatment is being given for the well-being of my body and mind. This includes stress reduction, relief from muscular tension, spasm or pain, or for increasing circulation or energy flow. I agree to communicate at any time during my treatment if I feel my well-being is being compromised. I understand that massage therapists do not diagnose illness, disease, or any physical or mental disorder, nor do they prescribe medical treatment, pharmaceuticals, or perform spinal thrust manipulations. I acknowledge that massage is not a substitute for a medical examination or diagnosis and that it is recommended that I see my primary care provider for that service.

### ANY REQUIRED PAYMENTS ARE DUE AT TIME OF SERVICE

I hereby authorize and request my insurance company, third-part payers and/or my attorney to pay directly to (*your providers name*) \_\_\_\_\_ the amount due on my claim for the services rendered to myself or my dependents. I hereby authorize the use of this signature on all insurance submissions.

**I clearly understand that I am responsible for payment for services rendered to me or my dependent.**

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Massage History/Treatment Information**

Have you ever received massage therapy before? Y\_\_\_ N\_\_\_

What are you looking to achieve with you treatment?\_\_\_\_\_

Are you currently seeing a medical provider for your issues? If yes, explain:  
\_\_\_\_\_

List stress reduction and exercise activities and frequency.  
\_\_\_\_\_

List current Medications  
\_\_\_\_\_

**Health History**

Muscles & Joints

Bone or Joint Disease:\_\_\_\_\_ Broken Bones:\_\_\_\_\_

Tendonitis/Bursitis:\_\_\_\_\_ Arthritis:\_\_\_\_\_

Sprains/Strains:\_\_\_\_\_ Lower Back Pain:\_\_\_\_\_

Hip, Leg Pain:\_\_\_\_\_ Shoulder/Arm Pain:\_\_\_\_\_

Neck Pain:\_\_\_\_\_ Spasms/Cramps:\_\_\_\_\_

Jaw Pain/TMJ:\_\_\_\_\_ Lupus:\_\_\_\_\_

Disc Problems:\_\_\_\_\_ Stiff/Painful Joints:\_\_\_\_\_

Scoliosis:\_\_\_\_\_ Weak/Sore Muscles:\_\_\_\_\_

Other:\_\_\_\_\_

Circulatory:

Heart Condition:\_\_\_\_\_ Varicose Veins:\_\_\_\_\_

Blood Clots:\_\_\_\_\_ High/Low Blood Pressure:\_\_\_\_\_

Lymphedema:\_\_\_\_\_ Stroke:\_\_\_\_\_

Poor Circulation:\_\_\_\_\_ Breathing Difficulties:\_\_\_\_\_

Sinus Problems:\_\_\_\_\_ Allergies:\_\_\_\_\_

Other:\_\_\_\_\_

Skin

Allergies:\_\_\_\_\_ Rashes:\_\_\_\_\_

Athletes Foot:\_\_\_\_\_ Warts:\_\_\_\_\_

Prone to Bruising:\_\_\_\_\_

Other:\_\_\_\_\_

Digestive/Elimination Systems

Constipation:\_\_\_\_\_ Gas/Bloating:\_\_\_\_\_

Diverticulitis:\_\_\_\_\_ Irritable Bowel:\_\_\_\_\_

Bladder:\_\_\_\_\_ Kidney:\_\_\_\_\_

Prostate:\_\_\_\_\_ Abdominal Pain:\_\_\_\_\_

Other:\_\_\_\_\_

Nervous System

Headaches/Head Injuries:\_\_\_\_\_

Dizziness:\_\_\_\_\_ Numbness/Tingling:\_\_\_\_\_

Sharp/Shooting Pain:\_\_\_\_\_ Chronic Pain:\_\_\_\_\_

Fatigue:\_\_\_\_\_ Depression:\_\_\_\_\_

Sleep Disturbances:\_\_\_\_\_ Herpes/Shingles:\_\_\_\_\_

Other:\_\_\_\_\_

Reproductive

Pregnant? Stage:\_\_\_\_\_ PMS:\_\_\_\_\_

Other:\_\_\_\_\_

Other

Cancer/Tumors:\_\_\_\_\_ Diabetes:\_\_\_\_\_

Thyroid:\_\_\_\_\_ Eating Disorders:\_\_\_\_\_

Drug/alcohol:\_\_\_\_\_ Caffeine/Nicotine:\_\_\_\_\_

Infectious Disease:\_\_\_\_\_

I attest that all information provided to my provider is correct to the best of my knowledge. I have not withheld any pertinent information out.

Patient Signature:\_\_\_\_\_ Date:\_\_\_\_\_